m sitting in the Øygardsstølen (Eagles Nest) carpark above the small settlement of Lysebotn in the South-West of Norway typing this on my laptop...absolutely gutted. Gutted because I'm in the stunning fjords of Norway's West coast and have discovered that my completely

# MONGOLIA

Words Sandra Herd
Photography Sandra Herd

We stopped twice while the driver asked for

near the monastery. Balden Baraivan was once a large complex, home to over 1500 Lamas. It was built at the end of the 17th century and, like

## THE MARMOT

In the afternoon we gathered around a metal drum on the porch of the small cabin. They were

Know your gear.

Practise using your camera until you know how to change fundamentals (ISO/shutterspeed/aperture etc) without thinking about it...particularly if you

Be ready for the shot & share your image.

Particulary when kids are involved, you never know what they may do next. It's best to have your camera ready and pre-set for the light conditions...just in

# #5

## Turn up the ISO

Although this shot was taken in a very dark room, using a Āash would have killed the mood of the shot. The bright daylight ÿltering in from the door and windows was providing a beautiful rim light around the subject that I didn't want to loose. I took a spot reading off her face then turned the ISO right up to get the shot.

ISO 25600
Focal Length 80mm
f5.6
1/60

Focus on the eyes.

Out of focus eyes can ruin even the best placed portrait. Whenever we view a portrait shot our eyes naturally go to the eyes within the frame, it's how we engage with the image. If the eyes are fuzzy your viewer will quickly lose interest in the image.

ISO 250
Focal Length 62mm
f5.0
1/125 sec

**Pay when appropriate.**
If you see a busker or street perform-
er and you'd like to photograph them,

# InSPIREd by

# COPENHAGEN...

**Fredericks Church**
Technically this isn't a spire, it's a dome

# S WHAT - WHERE - WHEN - WHY

**WHAT**
The Oslo Opera House.
Opened in April, 2008.

# PARTINGSHOT

# S WHAT - WHERE - WHEN - WHY

**WHAT**
A beautiful Norwegian

“Fear is a darkroom where negatives develop.”
~ Usman B. Asif